

Agreement between Patient-Generated Subjective Global Assessment (PG-SGA) and Mini Nutritional Assessment (MNA) in long-stay nursing home residents

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Aim

We aimed to assess agreement between Patient-Generated Subjective Global Assessment (PG-SGA) and Mini Nutritional Assessment (MNA) in long-stay nursing home residents.

Background

The PG-SGA is a validated instrument to assess malnutrition and its risk factors.^{1,2}

References

1. Ottery FD. Nutrition 1996;12(1 Suppl):S15-9
2. www.pt-global.org
3. Marshall S et al. J Acad Nutr Diet 2016;116(5):785-94

Results

By PG-SGA, 43%, 45%, and 12% were rated well nourished, suspected/moderate malnutrition, and severely malnourished, respectively.

By MNA, 29%, 54% and 18% were well nourished, at risk of malnutrition, and malnourished, respectively.

Agreement between PG-SGA and MNA was moderate ($\kappa=0.530$, $p<0.001$) (Table 1).

46% and 39% were characterized as needing intervention by PG-SGA and MNA, respectively ($\kappa=0.488$, $p<0.001$).

Conclusion

For the study population there is moderate agreement between the PG-SGA and MNA. However, the PG-SGA identified more elderly needing intervention.

Lack of agreement mainly relates to differences in weighting of malnutrition risk factors including recent weight change.

Methods

- 123 elderly (aged 82.7 ± 8.96 years; 76.4% female)
- 5 Portuguese nursing homes
- Portuguese PG-SGA (15-003 v07.17.15, based on the original English PG-SGA ©FD Ottery, 2005, 2006, 2015) was completed first, then MNA
- PG-SGA categories are: well nourished, suspected/moderate malnutrition, or severely malnourished
- MNA categories are: normal nutritional status, at risk of malnutrition, or malnourished
- Agreement between PG-SGA and MNA was tested by weighted kappa (κ)
- Need for intervention was defined by PG-SGA as ≥ 7 points^{1,2}, and by MNA 'at risk for malnutrition and weight loss' or 'malnourished'³

Table 1. Agreement between PG-SGA and MNA

		MNA			
		Well nourished	Risk of malnutrition	Malnourished	Total
PG-SGA	Well nourished	26	27	0	53
	Suspected/ moderate malnutrition	9	33	13	55
	Severely malnourished	0	6	9	15
	Total	35	66	22	123